

VIETNAM. BALI. BLUE MOUNTAINS. SPORTING EVENTS

SOCIAL & SPORTING TRAVEL FOR ALL ABILITIES

SOCIAL & SPORTING TRAVEL FOR ALL ABILITIES

THE SPORTING AND TRAVEL EXPERTS

2026
Edition



THIS IS
TOUCH FOOTBALL



TRAVEL. PLAY. TOGETHER.
COMPETE. TRAVEL. LOCAL.
SUPPORT. FRIENDS. THE WORLD.
TRAVEL. 4TITUDE. SPORTS4ALL

WHY SUNSHINE?

WHO WE SUPPORT

Our tours are created for people with diverse abilities and support needs.

We welcome travellers living with intellectual and physical disabilities, mobility challenges, autism and behavioural support needs and beyond.

Whether this is your very first adventure or you've travelled before, you'll be supported by a team that genuinely understands complexity. We thoughtfully plan each journey with safety, comfort, and enjoyment in mind, so you can focus on the experience itself.

BEHIND EVERY TRIP



Trip Management

Every experience is carefully planned and overseen by a dedicated Trip Manager, ensuring structure, safety, and smooth delivery from start to finish.



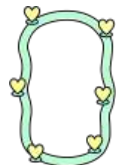
24/7 Support

Support doesn't stop when the day ends. Participants have access to around-the-clock assistance, providing reassurance, continuity of care, and peace of mind for both individuals and families.



Adventure, Fun & Freedom

We create experiences that are exciting, uplifting, and empowering. From new places to new challenges, our trips encourage enjoyment, confidence, and a sense of independence.



Inclusive Experiences

We are committed to inclusion. Our programs are designed so people of all abilities can participate meaningfully, feel supported, and truly belong.

SPORT, TRAVEL & OPPORTUNITY

We bring together inclusive sport and meaningful travel to create experiences that go beyond the everyday. From local sporting programs and representative competitions to state, national, and international trips, our programs are designed for adults of all abilities.

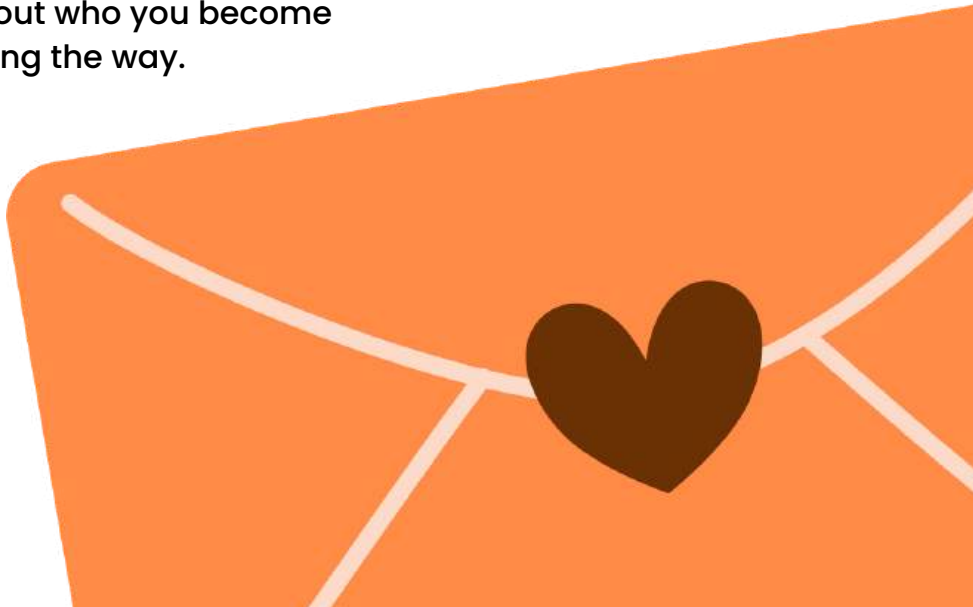
Whether you're taking part for the love of the game, representing your community, or exploring new places through supported travel, every experience is built around confidence, connection, and personal growth. Our experienced team plans every detail with care, ensuring the right supports are in place so you can focus on participating, competing, and discovering what you're capable of.

UNFORGETTABLE EXPERIENCES



Travel isn't just about where you go – it's about who you become along the way.

“
Best trip ever! I had such an amazing time with amazing people. Thanks to Greg and 4titude for making it all possible.
”



LOCK IN YOUR BEST ADVENTURE YET

HERE'S HOW IT WORKS



Step 1 : Choose Your Event or Trip

Find the experience that suits you. When you're ready, pay a deposit to secure your place.

Step 2 : Complete the Booking Form

Fill in our easy booking form, or call us on 0402 465 606 or email info@4titude.com.au to get started. We'll ask a few questions to understand your support needs, mobility, medical info, and preferences.

Step 3 : Receive a Quote

We'll review your details—if you're an NDIS participant, we'll check your plan and goals to make sure all supports align with NDIA guidelines for maximum funding and compliance.

Step 4 : Secure Your Spot

You'll receive two invoices:

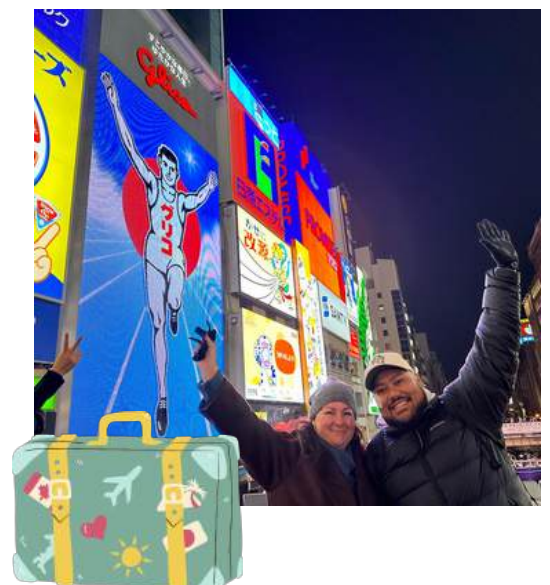
- Travel Invoice: Covers any out-of-pocket costs
- Service Agreement (if applicable)
- NDIS Invoice: Lists all claimable supports, itemised by line item.

Step 5 : Get Ready to Travel

Meet us at the nominated pickup point. You (or your carer, family, or house staff) will hand over luggage, medications, and paperwork. We'll confirm all handover details for your safe return.

Step 6 : After You Return Home

Share your feedback—complete our survey to let us know what you enjoyed and how we can improve. You'll receive photos and videos from your trip to keep and share. Leave us a review to help others discover Sports4All.



HOW NDIS MAY APPLY TO SPORTS & TRIPS

As a registered NDIS provider, we support participants to use their funding in line with the NDIS Act and current Pricing Arrangements and Price Limits (PAPL).

The NDIS does not fund holidays, travel, tickets, accommodation or event costs.

However, the NDIS may fund the disability-related supports you need to participate where those supports:

- Relate to your NDIS goals
- Are considered reasonable and necessary
- Are included in your approved plan budget

CORE SUPPORTS

Core funding may be used to cover the practical supports you need to take part in sport or community activities, including:

- Support worker assistance during activities
- Personal care support while attending
- Assistance with routines and daily living while away
- Transport support (where included in your plan and claimed in line with PAPL rules)



Supports are claimed at the applicable hourly rate in accordance with the current NDIS Price Guide.

CAPACITY BUILDING

Capacity Building funding may apply where programs are designed to build skills and independence, such as:

- Developing social skills
- Building confidence and community participation
- Learning new routines
- Mentoring and skill development
- Preparing for volunteering or employment pathways

These supports must align with your Capacity Building goals and approved budget categories

TRAVEL & TRIPS

WHAT THE NDIS CAN AND CANNOT FUND

NDIS CAN FUND

- Support worker time during travel
- Support provided while away
- Provider travel time and non-labour travel (claimed in line with PAPL limits)

All claims are made in accordance with current NDIS Pricing Arrangements and NDIA guidelines.

NDIS DOES NOT FUND

- Flights
- Accommodation
- Food and meals
- Event tickets or entry fees
- Uniforms or equipment (unless specifically included in a plan under Assistive Technology)

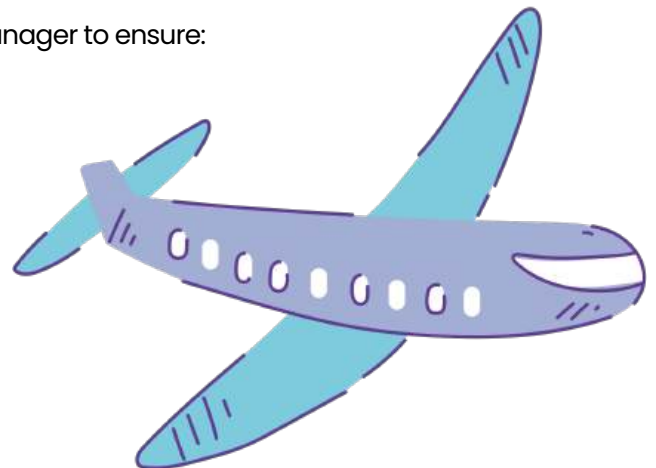
All claims are made in accordance with current NDIS Pricing Arrangements and NDIA guidelines.

IMPORTANT

Every NDIS plan is different.

We work with you, your Support Coordinator and Plan Manager to ensure:

- Supports are correctly allocated to the right budget
- Claims comply with NDIA pricing rules
- Funding is used responsibly and sustainably





THE COMPLETE CALENDAR

Month	Event	Location	Dates
JAN	Futsal Nationals	Gold Coast	12–18 Jan
JAN	Australia Day Bowling	Canberra	15–18 Jan
FEB	Illawarra Star Strikers Bowling Comp	Shellharbour	28 Feb – 1 Mar
MAR	Touch Football Nationals	Coffs Harbour	3–7 Mar
MAR	State Disability Ten Pin	Gosford	13 – 15 Mar
MAR	Vietnam Trip 1	Hoi An	19 – 31 Mar
MAY	NRL Magic Round	Brisbane	14–19 May
MAY	Bali Trip	Bali	17–23 May
JUN	National Tenpin Bowling Competition	Sunshine Coast	1–14 Jun
AUG	Hornsby Rockets Bowling Comp (Day entries)	Rooty Hill	1–2 Aug
AUG	Elvis Blue Mountains Festival	Blue Mountains	12–17 Aug
AUG	Wagga Wagga Bowling Comp	Wagga Wagga	20–23 Aug
AUG	Vietnam Trip 2	Da Nang, Vietnam	23 Aug – 1 Sept
SEP	Michael Cooke Challenge	Canberra	11–14 Sep
OCT	ACT Touch Football Comp	Queanbeyan	10–13 Oct
OCT	Orange Tenpin Bowling Championship	Orange	22–25 Oct
NOV	Wrecking Balls Championship	Canberra	19–22 Nov
DEC	Port Macquarie Touch Championship	Port Macquarie	3–6 Dec

BOWLING INCLUSION CUP

START DATE: 27 Feb 2026

END DATE: 1 March 2026

MAX. PARTICIPANTS: 20

LOCATION: Tweed Heads, NSW

TRANSPORT: TBC



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The 2026 TBA Inclusion Cup is a TBA-accredited, nationally ranked senior event, held at Coolangatta Tweed Tenpin across 28 February – 1 March 2026. Competitors from across Australia are invited to take part in this well-established inclusion event.

WHY YOU'LL LOVE THIS

- Competing in a supportive and inclusive tournament environment
- Being part of a great group of athletes from across Australia
- High-quality competition in a nationally ranked event
- The opportunity to earn TBA Inclusion ranking points
- Exploring Tweed Heads, Coolangatta, and the surrounding coastal areas



Coolangatta
Tweed Ten Pin



Accommodation



2 Nights



Out of Pocket
\$500



Plus NDIS
supports or fee
for service

ILLAWARRA STAR STRIKERS BOWLING COMP

START DATE: 28 February 2026

END DATE: 1 March

MAX. PARTICIPANTS: 30

LOCATION: Shellharbour, NSW

TRANSPORT: Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The Illawarra Star Strikers are a dedicated Ten Pin Bowling club for people with disabilities, proudly based at Shellharbour Bowl. With over 20 years of competition history, the team has earned national medals while building strong, lasting community connections.

WHY YOU'LL LOVE THIS

- Being part of a long-standing, welcoming club with over 20 years of history
- Competing in Ten Pin Bowling while building confidence, skills, and friendships
- A strong sense of belonging within a supportive and inclusive team environment
- Celebrating achievements on and off the lanes, including national success and community recognition



Shellharbour Tenpin Bowl



Day Event Only



2 Days



Out of Pocket \$200 + Competition Fees



Plus NDIS supports or fee for service

TOUCH FOOTBALL 'THE CHAMPIONSHIPS'

START DATE: 3 March 2026

END DATE: 7 March 2026

MAX. PARTICIPANTS: 40

LOCATION: Coffs Harbour, NSW

TRANSPORT: Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A Touch Football Certificate is needed for this event.

ABOUT THIS EVENT

The Championships is a flagship event on the national Touch Football calendar and proudly includes an All Abilities (AWD) division. Returning in 2026 with a refreshed format, the event is designed to balance participation growth with pathway development, while enhancing the overall experience for athletes, referees, and supporters.

WHY YOU'LL LOVE THIS

- Competing on a national stage as part of The Championships, Australia's premier Touch Football event
- A dedicated All Abilities (AWD) division that values inclusion, fairness, and meaningful competition
- Clear participation and pathway opportunities alongside elite-level competition
- A vibrant event atmosphere with teams, supporters, and Touch Football communities from across Australia



C.ex Coffs International Stadium



Park Beach Cabins, Coffs Harbour



4 Nights



Out of Pocket \$800 + Competition Fees



Plus NDIS supports or fee for service

STATE DISABILITY TENPIN BOWLING

START DATE: 13 March 2026

END DATE: 15 March 2026

MAX. PARTICIPANTS: 36

LOCATION: Gosford, NSW

TRANSPORT: Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

Taking place on 13–15 March 2026 at Gosford City Tenpin Bowl, this event brings together athletes from across NSW to compete in a supportive, high-performance environment while progressing along a recognised competitive pathway.

This championship is more than a competition – it is a pathway event, with performances contributing to the selection of the NSW team for the National Championships, to be held on the Sunshine Coast in June 2026.

WHY YOU'LL LOVE THIS

- Being part of a long-standing, welcoming club with over 20 years of history
- Competing in Ten Pin Bowling while building confidence, skills, and friendships
- A strong sense of belonging within a supportive and inclusive team environment
- Celebrating achievements on and off the lanes, including national success and community recognition



Gosford Ten Pin Bowl



Day Event Only



3 Days



Out of Pocket \$300 + Entry Fees



Plus NDIS supports or fee for service

VIETNAM VIBES

START DATE: 19 March 2026

END DATE: 31 March 2026

MAX. PARTICIPANTS: 4

LOCATION: Hoi An Vietnam

TRANSPORT: Flights



ABOUT THIS TRIP

Hoi An is a captivating destination famous for its beautiful lantern-lit streets, rich cultural heritage, and nearby sandy beaches. This trip offers the perfect balance of exploring the UNESCO World Heritage ancient town, engaging in accessible local experiences, and enjoying premium downtime at the Vinpearl Resort. It provides an amazing opportunity to experience the magic of Vietnam in a comfortable, supportive, and social group setting. From vibrant markets to relaxing by the resort pool or visiting the on-site river safari, Hoi An is an ideal destination for connection, discovery, and shared experiences.

WHY YOU'LL LOVE THIS

- Discovering the accessible, lantern-lit streets of the ancient town, vibrant local markets, and beautiful coastal scenery
- Relaxing in the comfort of Vinpearl, complete with expansive pools, accessible facilities, and fun on-site attractions to enjoy at your own pace
- Tasting incredible local food and experiencing everyday life in a relaxed, easy-going environment
- Feeling completely comfortable and socially engaged as part of a well-organized trip designed to make your holiday seamless and stress-free
- Sharing sightseeing adventures, group meals, and exciting new experiences with great company



Hoi An Vietnam



Vinpearl Hoi Ann



12 Nights



Out of Pocket
\$2,200



Plus NDIS
supports or fee
for service

NRL MAGIC ROUND - BRISBANE

START DATE: 14 May 2026

END DATE: 19 May 2026

MAX. PARTICIPANTS: 8

LOCATION: Brisbane, QLD

TRANSPORT: Flights



ABOUT THIS TRIP

NRL Magic Round is one of the most exciting fixtures on the rugby league calendar, bringing every NRL team together for a full weekend of back-to-back matches at one venue. Attending as spectators, this event offers an electric atmosphere, festival-style entertainment, and the chance to experience elite rugby league up close alongside fans from across Australia.

WHY YOU'LL LOVE THIS

- Watching multiple NRL games live across one action-packed weekend
- The high-energy atmosphere with fans, entertainment, and match-day excitement
- Sharing the experience with others in a fun, social group setting
- Being part of a major national sporting event that feels special and memorable



Suncorp Stadium



Airbnb in Upper Coomera



5 Nights



Out of Pocket \$1,200 + Games Fees



Plus NDIS supports or fee for service

BALI UNCOVERED

START DATE: 17 May 2026

END DATE: 23 May 2026

MAX. PARTICIPANTS: 4

LOCATION: Bali, Indonesia

TRANSPORT: Flights



ABOUT THIS TRIP

Bali is a vibrant island paradise renowned for its welcoming culture, stunning sunsets, and bustling local markets. This trip is based in the lively yet relaxed area of Legian, where you'll be staying at the modern and comfortable Kampi Hotel. It offers the perfect mix of tropical relaxation, cultural discovery, and accessible sightseeing. You'll have the chance to explore beautiful beaches, temples, and local shops while enjoying a supportive, social group environment tailored to your needs.

WHY YOU'LL LOVE THIS

- Exploring the lively streets, vibrant local markets, and beautiful coastal scenery of Legian and its surrounding beaches
- Relaxing at the modern Kampi Hotel, enjoying its comfortable amenities, swimming pool, and easy access to nearby attractions
- Experiencing the warmth of Balinese culture and tasting delicious local food in a laid-back, tropical environment
- Travelling as part of a supportive and well-organized group that ensures your holiday is comfortable, safe, and social
- Creating wonderful memories through guided sightseeing, shared meals, and relaxing downtime with great company



Legian, Bali



Kampi Hotel
Legion



6 Nights



Out of Pocket
\$2,400



Plus NDIS
supports or fee
for service

NATIONAL TENPIN BOWLING CHAMPIONSHIP

START DATE: 1 June 2026

END DATE: 14 June 2026

MAX. PARTICIPANTS: 40

LOCATION: Sunshine Coast, QLD

TRANSPORT: Flights & Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The 37th National Tenpin Bowling Championship for Persons with a Disability is one of the largest and most inclusive events on the Australian tenpin bowling calendar. Delivered in collaboration with Australian Disabilities Tenpin Inc (ADTI), the championships bring together more than 300 bowlers from across the country each year.

WHY YOU'LL LOVE THIS

- Competing at a nationally recognised championship alongside bowlers from across Australia
- A welcoming, inclusive environment that values participation and performance
- Being part of one of the largest disability Ten Pin Bowling events in the country
- The strong sense of community, pride, and shared achievement throughout the event



Suncity Tenpin,
Alexandra
Headlands



Airbnb in
Caloundra



13 nights



\$4,200 Out Of
Pocket +
Competition
Entry



Plus NDIS
supports or fee
for service

HORNSBY ROCKETS BOWLING COMP

START DATE: 1 August 2026

END DATE: 2 August 2026

MAX. PARTICIPANTS: 30

LOCATION: Hornsby, NSW

TRANSPORT: Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The Rockets Disability Invitational is a dedicated Ten Pin Bowling event celebrating inclusion, competition, and community. The invitational brings together bowlers in a supportive, high-quality competition environment. The event focuses on participation, sportsmanship, and enjoyment, offering athletes the chance to compete, connect, and showcase their skills in an inclusive setting.

WHY YOU'LL LOVE THIS

- Competing in a welcoming, inclusive Ten Pin Bowling invitational
- A supportive atmosphere that values participation and fair play
- Bowling at a well-known, accessible venue
- Sharing the experience with other bowlers in a fun, community-focused event



Zone Bowling
Rooty Hill



Not applicable



Day event



Out of Pocket
\$150



Plus NDIS
supports or fee
for service

ELVIS FEST IN BLUE MOUNTAINS

- 📅 **START DATE:** 12 August 2026
- 🚩 **END DATE:** 17 August 2026
- 👥 **MAX. PARTICIPANTS:** 10
- 📍 **LOCATION:** Blue Mountains, NSW
- 🚌 **TRANSPORT:** Bus



ABOUT THIS TRIP

Held each year in Katoomba, the Blue Mountains Elvis Festival celebrates the life and music of Elvis Presley with performances from some of Australia’s best Elvis Tribute Artists, plus plenty of indoor and outdoor activities. Sit officia reiciendis cum volup

WHY YOU’LL LOVE THIS

- Live Elvis performances, music, and festival atmosphere
- Visiting Leura Village and exploring local shops and cafés
- Taking in the views and experiences at Scenic World
- Sightseeing across the Blue Mountains, including iconic lookouts
- Fresh mountain air and beautiful natural scenery
- A relaxed trip with plenty to see and do



Blue Mountains



Airbnb
Katoomba



5 Nights



Out of Pocket
\$900



Plus NDIS
supports or fee
for service

WAGGA WAGGA BOWLING COMP

- 🕒 **START DATE:** 20 August 2026
- 🚩 **END DATE:** 23 August 2026
- 👥 **MAX. PARTICIPANTS:** 40
- 📍 **LOCATION:** Wagga Wagga, NSW
- 🚌 **TRANSPORT:** Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The Wagga Wagga Disability Championship & Paper Masters is a celebration of inclusion, achievement, and the power of Ten Pin Bowling. Bringing together more than 100 bowlers living with a disability, the event delivers a full weekend of competitive play, connection, and community spirit.

WHY YOU'LL LOVE THIS

- Competing alongside bowlers from across the region in a recognised disability championship
- A welcoming, inclusive atmosphere that celebrates effort, progress, and achievement
- A full weekend of meaningful Ten Pin Bowling competition
- The strong sense of community, camaraderie, and shared pride throughout the event



Wagga Wagga Bowl & Ent Centre



Airbnb Wagga Wagga



3 Nights








Out of Pocket \$600 + Entry Fees



Plus NDIS supports or fee for service

DESTINATION DA NANG, VIETNAM

-  **START DATE:** 23 August 2026
-  **END DATE:** 1 September 2026
-  **MAX. PARTICIPANTS:** 3
-  **LOCATION:** Da Nang, Vietnam
-  **TRANSPORT:** Flights



ABOUT THIS TRIP

Da Nang is a vibrant coastal city famous for its spectacular sandy beaches, iconic bridges, and welcoming local culture. This trip offers the perfect balance of sightseeing, accessible local experiences, and premium downtime at the beautiful Koi Resort & Residence. It provides a wonderful opportunity to explore Vietnam in a supportive, comfortable, and social group setting.

WHY YOU'LL LOVE THIS

- Exploring a beautiful coastal city, with its famous beaches, vibrant local markets, and cultural landmarks
- Relaxing in the comfort of Koi Resort & Residence, enjoying its premium amenities, swimming pools, and peaceful spaces to unwind at your own pace
- Experiencing Vietnamese food, culture, and everyday life in a relaxed and easy-going environment
- Travelling as part of a supportive, well-organised group that makes the experience comfortable, safe, and highly social
- Creating memorable moments through accessible sightseeing, shared meals, and exciting new experiences with great company



Da Nang
Vietnam



Koi Resort & Residence
Da Nang



9 Nights



Out of Pocket
\$2,800



Plus NDIS
supports or fee
for service

MICHAEL COOKE CHALLENGE TEN PIN BOWLING

🕒 **START DATE:** 11 September 2026 🚩 **END DATE:** 14 September 2026 👥 **MAX. PARTICIPANTS:** 20

📍 **LOCATION:** Canberra, ACT 🚌 **TRANSPORT:** Bus



» NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

The Michael Cooke Challenge is a high-level Ten Pin Bowling event held as part of the National Disability Championship, showcasing elite talent from across Australia. The challenge honours the legacy of Michael Cooke while providing athletes with a meaningful national platform to perform, connect, and represent their teams with pride.

WHY YOU'LL LOVE THIS

- Competing against the best bowlers from across the country in a high-standard event
- The excitement and intensity of state team-based competition
- Bowling at a national championship venue with a strong event atmosphere
- Being part of a respected event that recognises excellence and legacy in the sport



Zone Bowling
Tuggeranong



Australian
Institute of Sports



3 Nights



Out of Pocket
\$800 + Entry
Fees



Plus NDIS
supports or fee
for service

ACT TOUCH FOOTBALL COMPETITION

🕒 **START DATE:** 10 October 2026

🚩 **END DATE:** 13 October 2026

👥 **MAX. PARTICIPANTS:** 20

📍 **LOCATION:** Canberra, ACT

🚌 **TRANSPORT:** Bus



» NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

Touch Football Certificate Required

ABOUT THIS EVENT

The ACT Touch Football Competition is the core domestic touch football league program run by Touch Football ACT, providing structured competitive opportunities across a range of divisions throughout the season.

WHY YOU'LL LOVE THIS

- A two-day competition that's easy to join and enjoy
- Fast, social games in a welcoming and inclusive setting
- Playing Touch Football without ongoing weekly commitments
- Sharing a fun sporting experience with teammates and the ACT community



Lyneham and
Deakin Playing
Fields



Australian
Institute of Sports



3 Nights



Out of Pocket
\$800 + Entry
Fees



Plus NDIS
supports or fee
for service

ORANGE CITY DISABILITY BOWLING CHAMPS

- 🕒 **START DATE:** 22 October 2026
- 🚩 **END DATE:** 25 October 2026
- 👥 **MAX. PARTICIPANTS:** 30
- 📍 **LOCATION:** Orange, NSW
- 🚌 **TRANSPORT:** Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

Head to the heart of regional NSW for the Orange City Disability Championships! This action-packed trip centers around the exciting ten-pin bowling competition at Orange Tenpin Bowl, running from 22 October to 25 October 2026. It's the perfect opportunity to showcase your bowling skills, hit the lanes, and enjoy a supportive, social getaway.

WHY YOU'LL LOVE THIS

- Competing in a fun, inclusive, and exciting ten-pin bowling championship in regional NSW
- Travelling with a supportive group where your accommodation, transport, and daily needs are seamlessly taken care of
- Connecting with fellow bowlers and the wider sporting community in a fantastic, energetic atmosphere
- Exploring the sights, local shops, and beautiful scenery of Orange during our downtime away from the lanes



Orange Tenpin Bowl



Airbnb Orange



3 Nights



Out of Pocket
\$800 + Entry Fees



Plus NDIS
supports or fee
for service

WRECKING BALL CHAMPIONSHIPS (TEN PIN)

- START DATE:** 19 November 2026
- END DATE:** 22 November 2026
- MAX. PARTICIPANTS:** 30
- LOCATION:** Canberra, ACT
- TRANSPORT:** Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

A current 2026 TBA registration is required to compete and receive ranking points

ABOUT THIS EVENT

ACT Wrecking Ball is a regional ten-pin bowling competition that brings together athletes from across New South Wales and the Australian Capital Territory. Join us for an unforgettable weekend of strikes, spares, and fun at the ACT Tenpin Bowling Wrecking Ball Regionals!

WHY YOU'LL LOVE THIS

- Competing against bowlers from NSW and the ACT in a true regional showdown
- A full weekend of exciting Ten Pin Bowling in a fun, supportive environment
- The buzz of a tournament that balances competition with connection
- Sharing memorable moments on and off the lanes with athletes from across the region



Tuggernog Tenpin Bowl



Australian Institute of Sport



3 Nights



Out of Pocket \$800 + Entry Fees



Plus NDIS supports or fee for service

NSW TOUCH STATE CUP

- START DATE:** 3 December 2026
- END DATE:** 6 December 2026
- MAX. PARTICIPANTS:** TBC
- LOCATION:** Port Macquarie, NSW
- TRANSPORT:** Bus



NOTE: SPORTING QUALIFICATIONS ARE REQUIRED FOR THIS TRIP

Touch Football Registration and Certificate

ABOUT THIS EVENT

This is the premier NSW Touch Football representative event and is conducted in Port Macquarie each year commencing on the first Friday in December. As the title suggest this is the State Championship and open to all NSW Affiliated Members.

WHY YOU'LL LOVE THIS

- Experiencing the thrill and vibrant atmosphere of the premier NSW Touch Football State Championship in person
- Travelling with a supportive and well-organized group where your accommodation, daily needs, and transport are completely taken care of
- Exploring the beautiful coastal town of Port Macquarie, with its stunning beaches, local cafes, and relaxing holiday vibe



The Regional Sporting Complex



N/A



3 Nights



Out of Pocket \$800 + Entry Fees



Plus NDIS supports or fee for service

BOOKING FORM

EVENT SELECTION

Please tick the events you would like a quote for. Costs listed are estimated out-of-pocket expenses only and may vary depending on final travel, accommodation, and support requirements.

Ten Pin Bowling

- | | | |
|-----|------------------------------------|--------------------------|
| Feb | Illawarra Star Strikers Bowling | <input type="checkbox"/> |
| Jun | National Tenpin Bowling | <input type="checkbox"/> |
| Aug | Hornsby Rockets Bowling Comp | <input type="checkbox"/> |
| Aug | Wagga Wagga Bowling Comp | <input type="checkbox"/> |
| Sep | Michael Cooke Challenge | <input type="checkbox"/> |
| Oct | Orange Tenpin Bowling Championship | <input type="checkbox"/> |
| Nov | Wrecking Balls Championship | <input type="checkbox"/> |

Other Trips and Events

- | | | |
|-----|-------------------------------|--------------------------|
| Mar | Vietnam (Hoi An) | <input type="checkbox"/> |
| May | NRL Magic Round | <input type="checkbox"/> |
| May | Bali Trip | <input type="checkbox"/> |
| Jul | Vietnam Trip (Da Nang) | <input type="checkbox"/> |
| Aug | Elvis Blue Mountains Festival | <input type="checkbox"/> |

Touch Football

- | | | |
|-----|--|--------------------------|
| Mar | Touch Football Nationals (Coffs Harbour) | <input type="checkbox"/> |
| Oct | ACT Touch Football Competition | <input type="checkbox"/> |
| Dec | Port Macquarie Touch Championship | <input type="checkbox"/> |

NDIS REQUIREMENT, RATIOS AND SUPPORT NOTES

Please include details about your NDIS plan and support needs, such as their plan goals, the support ratio required (1:5, 1:3, 1:2, or 1:1), and any relevant behavioural, medical, or personal care requirements. You may also note communication preferences, triggers, or safety considerations that will help us provide the right support.

BOOKING FORM

PERSONAL INFORMATION

Full Name :

Date Of Birth : Gender : Male Female Other
D D M M Y Y

Address : Postcode :

Email : Phone :

NDIS supports required? (billed separately from event fee) Yes No

RESPONSIBLE PERSON (IF APPLICABLE)

Full Name : Email :

Relationship to Participant : Phone :

PAYMENT METHOD

Payment Method : To be invoiced Direct Deposit

Applicant or Responsible Person Signature :

Privacy and Disclaimer

- Your personal information is collected securely and will only be used by 4titude to safely coordinate your travel, individual supports, and NDIS requirements
- To protect your financial security, please never include credit card information or banking passwords in your email communications with us
- All participant data is kept strictly confidential and managed in accordance with Australian privacy laws and NDIS compliance standards

How to book your trip

- Please complete all sections of this booking form clearly
- Submit your form by emailing a scanned copy or clear photo to admin@4titude.com.au, or hand it in person at your nearest 4titude Hub
- Once your form is received, the 4titude team will reach out to discuss your holiday, confirm your supports and service agreements, and issue an invoice for any out-of-pocket expenses.



WWW.4TITUDE.COM.AU

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